



Lattof YMCA North Gym Schedule

Revised 6/24/2008

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15 AM	Adult Basketball (5:15-7:45)	Adult Basketball (5:15-7:45)	Adult Basketball (5:15-7:45)	Adult Basketball (5:15-7:45)	Adult Basketball (5:15-7:45)	YMCA Opens at 6:00	YMCA Opens at 10:00 
6:00 AM						Adult Open Basketball (6:00 - 9:00)	
7:00 AM							
8:00 AM	Senior Exercise (8:00-10:00)	Open Gym* (7:45-10:30)	Senior Exercise (8:00-10:00)	Open Gym* (7:45-10:30)	Senior Exercise (8:00-10:00)	Youth/Family Open Gym (9:00-6:00)	Open Basketball (10:00-4:00)
9:00 AM							
9:30 AM							
10:00 AM	Adult Open Basketball (10:00-12:15)	Adult Open Basketball (10:30-12:15)	Adult Open Basketball (10:00-12:15)	Adult Open Basketball (10:30-12:15)	Adult Open Basketball (10:00-12:15)	Youth/Family Open Gym (9:00-6:00)	Open Basketball (10:00-4:00)
10:30 AM							
11:00 AM							
12:00 PM	Funseekers Exercise Class (12:15 - 1:00)	Youth/Family Open Gym* (12:15-5:30)	Funseekers Exercise Class (12:15 - 1:00)	Youth/Family Open Gym* (12:15-5:30)	Funseekers Exercise Class (12:15 - 1:00)	Youth/Family Open Gym (9:00-6:00)	Open Basketball (10:00-4:00)
1:00 PM							
2:00 PM							
3:00 PM	Open Gym* (1:00-5:00)	Youth/Family Open Gym* (12:15-5:30)	Youth/Family Open Gym* (1:00-5:00)	Youth/Family Open Gym* (12:15-5:30)	Open Gym* (1:00-5:00)	Youth/Family Open Gym (9:00-6:00)	YMCA Closes at 4:00
4:00 PM							
4:30 PM							
5:00 PM	Youth Basketball League (5:00-6:00)	Adult Open Basketball (5:30-7:00)	Adult Open Basketball (5:00 -10:00)	Kids Gym (5:40-7:00)	Youth/Family Open Gym (5:00-7:00)	Youth/Family Open Gym (9:00-6:00)	YMCA Closes at 6:00 
5:30 PM							
6:00 PM	Open Gym (6:00 - 10:00)	Open Gym (7:00-10:00)	Adult Open Basketball (5:00 -10:00)	Open Dodgeball (7:00 - 8:00)	Youth/Family Open Gym (7:00 - 10:00)	YMCA Closes at 6:00	
6:30 PM							
7:00 PM							
7:30 PM							
8:00 PM							
8:30 PM							
9:00 PM	Adult Floor Hockey (8:30 - 10:00)	Open Gym (7:00-10:00)	Adult Open Basketball (5:00 -10:00)	Open Basketball (8:00 - 8:30)	Youth/Family Open Gym (7:00 - 10:00)	YMCA Closes at 6:00	
9:30 PM							
10:00 PM	YMCA Closes at 10:00 PM						

Schedule Effective June 1, 2008.
 Adult Basketball participants are age 16 and over.
 Schedule is subject to change.
 *Day Camp utilizes gym during inclement weather

