



# Lattof YMCA North Gym Schedule

June 2009-September 2009

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:15 AM	Adult Basketball (5:15-7:45)	Adult Basketball (5:15-7:45)	Adult Basketball (5:15-7:45)	Adult Basketball (5:15-7:45)	Adult Basketball (5:15-7:45)	YMCA Opens at 6:00	YMCA Opens at 10:00  		
6:00 AM						Adult Open Basketball (6:00 - 9:00)			
7:00 AM									
8:00 AM	Senior Exercise (8:00-10:00)	Day Camp/ Open Gym (7:45-10:30)	Senior Exercise (8:00-10:00)	Day Camp/ Open Gym (7:45-10:30)	Senior Exercise (8:00-10:00)	Youth/Family Open Gym (9:00-6:00)	Youth/Family Open Gym (10:00-4:00)		
9:00 AM									
9:30 AM									
10:00 AM	Adult Open Basketball (10:00-12:15)	Adult Open Basketball (10:30-1:00)	Adult Open Basketball (10:00-12:15)	Adult Open Basketball (10:30-1:00)					
10:30 AM									
11:00 AM									
12:00 PM	Funseekers Exercise Class (12:15 - 1:00)	Open Gym	Funseekers Exercise Class (12:15 - 1:00)	Open Gym	Funseekers Exercise Class (12:15 - 1:00)				
1:00 PM									
2:00 PM	Day Camp/ Open Gym (1:30-4:00)		Day Camp/ Open Gym (1:30-4:00)		Day Camp/ Open Gym (1:30-4:00)			Day Camp/ Open Gym (1:30-4:00)	
3:00 PM	Youth/Family Open Gym (4:00-10:00)	Youth/Family Open Gym (4:00-5:30)	Youth/Family Open Gym (4:00- 7:00)	Youth/Family Open Gym (4:00- 5:30)	Youth/Family Open Gym (4:00 -10:00)			YMCA Closes at 4:00	
4:00 PM									
4:30 PM									
5:00 PM		Adult Drop In Basketball (5:30-7:00)	Adult Drop In Basketball (5:30-7:00)	Adult Drop In Basketball (5:30-7:00)					
5:30 PM									
6:00 PM									
6:30 PM		Youth/Family Open Gym (4:00-10:00)	Mother/Daughter B- Ball League (7:00-10:00)	Adult Open Basketball (7:00 -10:00)		Youth/Family Open Gym (7:00- 8:30)	Youth/Family Open Gym (4:00 -10:00)		YMCA Closes at 6:00  
7:00 PM									
7:30 PM									
8:00 PM									
8:30 PM									
9:00 PM	Adult Floor Hockey (8:30 - 10:00)								
9:30 PM									
10:00 PM	YMCA Closes at 10:00 PM								

Schedule Effective June 1st, 2009.  
Adult Basketball participants are age 16 and over.  
Schedule is subject to change.

