



Lattof Day Camp

A Publication of the Lattof YMCA • Week 1, June 9-13, 2008

Important info:

- Runners Club will be up and running this week! 8am each morning campers can run to earn a mile. Earning 25 miles gets rewards from our camp store!
- Sunny D's "Summer Forever" Road trip will be visiting Lattof this Thursday. There will be juice, giveaways and a dance show. 1:30-3:30pm
- Tuesday (explorers) and Thursdays (voyagers) are our camper free choice days; campers will choose special activities led by the counselors!
- The theme this week is NATURE. Come dressed to blend in with nature this Friday!
- Clubs will be offered from 4-5 each afternoon. Hip Hop Dance and Dodgeball are just some of the offerings!

Fieldtrip this Week: Morton Arboretum

Explorers will tour the Children's Gardens while Voyagers take a Hike

Wear your camp shirt!
Bring a lunch, snacks and plenty of water

Lattof YMCA Day Camp
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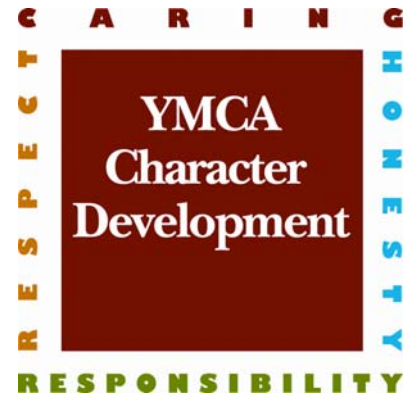
YMCA presents: Healthy Kids Camp

The YMCA is all about developing youth. Our goal this summer is to give your camper tools to build up their health and encourage values, all while having a great time!

Campers will be learning about healthy food choices, as well as ways to stay active and find fun through all the ways they can keep their heart and body in great condition.

To combat the rising prices and unhealthy options in the vending machines, we will now be offering a CAMP STORE. Healthy, cost efficient options will be available each Friday. There is a 2 food item limit and no more than \$3.00 spent per Friday.

The YMCA core values are Honesty, Caring, Respect and Responsibility.



These are the building blocks that our YMCA programs are built on.

Each Day, please ask your child to share what they learned about these core values during camp. We'd love to hear about all the ways our campers are sharing the values and healthy lessons they learn at camp with their families!

Getting To Know our "Professional Role Models"

Last week was an exciting time at Lattof. 25 of the most talented, caring and funny young adults were here for Day Camp Staff Training. It was a week full of laughter, learning and of course, playing games. Who wouldn't want to be around?!

Check out our "Meet the Counselors" poster at the check in area this week to find out a little about your child's counselor. We have staff educated in teaching, writing, medicine, engineering, psychology and athletic services, to name a few. The staff includes talented climbers, baseball players, football players, artists, musicians, cooks and swimmers!

Most importantly, they are all eager to meet your kids and help them have the safest and best summer ever!

If you have questions or information for your child's counselor please send them a message by giving it to the sign-in/sign-out staff member, Your feedback is appreciated and is helpful in giving staff the tools they need to make camp better for your child.

I sincerely hope your family is as excited about camp as we are, its going to be an amazing summer,

WELCOME TO WEEK ONE!!

-Megan Brown, Camp Director